arm + shoulder > wrist + elbow> **back** foot + ankle> leg + knee> pediatric**> specialty** catalog LANDMARK MEDICAL SYSTEMS Proudly **\***Canadian

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# arm + shoulder

### Velpeau Immobilizer

breathable lightweight cool cotton material + O-ring allows faster strap adjustment without bunching + removable, soft foam neck and body straps allow for greater comfort + thumb loop + latex free

Item Number	Size	Waist Strap length	Pocket length
	X-Small	32"	12"
LM0192*	Small	36"	13"
PC0192**	Medium	39"	16"
* LM for Poly bag	Large	43''	17''
** PC for retail clamshell	X-Large	46''	18"



Velpeau Immobilizei

### **Envelope Sling**

universal size + strap-and-buckle closure with height adjustment + adjustable cuff for better support + thumb loop + latex free

Item Number	Size	Pouch size
	2X-Small	6 ¼" x 9 ½"
	X-Small	7"×11"
PC1063	Small	8 ¼" x 14"
	Medium	8 ½" x 16"
	Large	9" x 17 ½"
	X-Large	9 ¾" x 20"
	2X-Large	10 ½" x 22 ¾"



**Envelope Sling** 

### **Collar & Cuff**

universal size + strap-and-buckle closure with height adjustment + foam neck pad for comfort + adjustable cuff for better support + latex free

Item Number	Size
0170	Universal



**Collar & Cuff** 



### **Abducted Super Sling**

indicated for post rotator cuff repair + 10–15 degree abduction pillow + lightweight for greater patient comfort + fits left or right arm + includes thumb loop and exercise ball + latex free

Item Number	Size	Forearm Length
8292	Small	11" – 14"
8293	Medium	14" - 15 ½"
8294	Large	15 ½" – 17"
8295	X-Large	17"+





styled to give uniform support + 1" medium-firm density foam + 2.5" height + covered with stockinette hook and loop closure

Item Number	Size
PC0038	Universal

### **Clavicle Strap**





hook-and-loop closure + stockinette-covered felt + comfortable, wide padding + felt-back pad helps prevent irritation + no metal buckles or teeth + latex free

Item Number	Size	Description
1230	2X-Small	Infant
1231	X-Small	Child
1232	Small	Child/Youth
1233	Medium	Youth/Small adult
1234	Large	Adult
1235	X-Large	Large adult

### **Humeral Fracture Orthosis Deltoid**

simple, two-piece system + adjustable for volumetric changes during healing + hook and loop straps maintain soft tissue compression + fits both left and right + includes stockinette

Item Number	Size	Bicep Circumference
HFO-DE	Small	8" – 11"
	Medium	11" – 14"
	Large	12" – 15"
	X-Large	14" – 17"



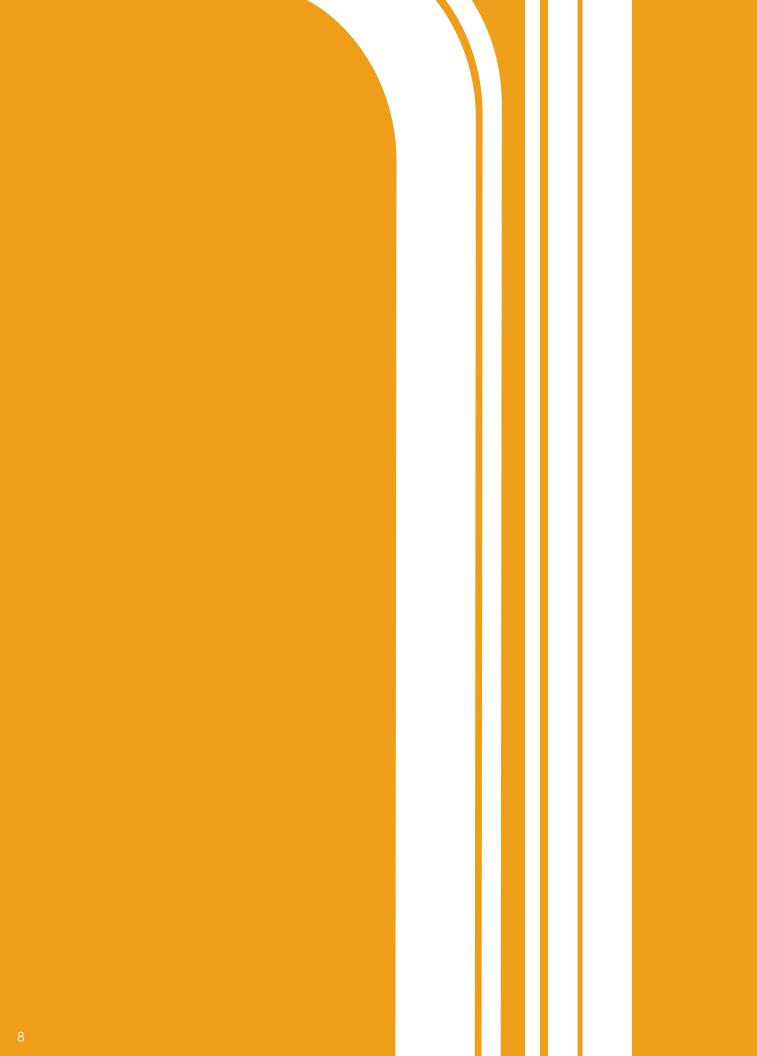
### **Humeral Fracture Orthosis**

simple, two-piece system + adjustable for volumetric changes during healing + hook and loop straps maintain soft tissue compression + fits both left and right + includes stockinette

Item Number	Size	Bicep Circumference
HFO	Small	8" – 11"
	Medium	11" – 14"
	Large	12" – 15"
	X-Large	14" – 17"



## wrist + elbow



### **Premier Wrist**

immobilizes and supports the wrist + adjustable aluminum palmar stay + contoured palmar crease allows full finger function + made from durable padded material + 8" in length + latex free

Item Number	Size	Wrist circumference
LM4381* PC4381**	2X-Small	Up to 5 ¾''
	X-Small	5 <sup>3</sup> / <sub>4</sub> " – 6 <sup>1</sup> / <sub>2</sub> "
* LM for Poly bag ** PC for retail clamshell	Small	6 1/2" - 7 1/4"
	Medium	7 1/4" - 8 1/4"
	Large	8 1/4" - 9"
	X-Large	9" – 10"



Indicate Left or Right hand

### **Premier Plus Wrist**

immobilizes and supports the wrist + lightweight, breathable open mesh material + adjustable aluminum palmar stay + hook and loop closure + 8" in length + latex free

Item Number	Size	Wrist circumference
PC4351	X-Small	Up to 6 ½"
	Small	6 ½" – 7 ¼"
	Medium	7 1/4" - 8 1/4"
	Large	8 1/4" – 9"
	X-Large	9" – 10"

Indicate Left or Right hand



### **Cindy Wrist**

flexible plastic palmar and dorsal stays + allows full dexterity of hands and fingers + lightweight, durable padded material + hook and loop closure + 6" in length + latex free

Item Number	Size	Wrist circumference
PC5541	X-Small	Up to 5 ½"
	Small	5 ½" – 6 ½"
	Medium	6 ½" – 7 ½"
	Large	7 ½" – 8 ½"
	X-Large	8 ½" – 9 ½"





### **MKO Wrist Lacer 8"**

recommended for carpal tunnel, wrist injuries, post cast removal + dual removable palmar and dorsal stays + single hook and loop strap for easy application + perforated breathable flannel lining + latex free

Item Number	Size	Wrist circumference
PC8531	X-Small	under 5 ½"
	Small	5 ½" – 6 ¼"
	Medium	6 1/4" – 7"
	Large	7" - 7 3/4"
	X-Large	7 3/4" - 8 1/2"

Indicate Left or Right hand

### **Westport Lacer**



palmar and dorsal aluminum stays immobilizes and supports wrist + perforated, breathable flannel lining + single strap hook and loop closure + 7" in length + latex free

Item Number	Size	Wrist circumference
LM8511*	X-Small	Up to 5 ½"
	Small	5 ½" – 6 ½"
PC8511**	Medium	6 ½" – 7 ½"
* LM for Poly bag ** PC for retail clamshell	Large	7 ½" – 8 ½"
	X-Large	8 ½" – 9 ½"

Indicate Left or Right hand

### **Padded Forearm Splint**



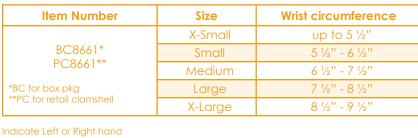
made of aluminum + ventilation holes promote air circulation + padding provides comfort + indicated when abduction of the hand is not desired + useful in shaft fractures of the radius and ulna prior to casting or surgery, sprains or synovitis

Item Number		Size	Longth & Width
Left	Right	3126	Length & Width
LM6881-LXS	LM6871-RXS	Infant	4 ½" x 2"
LM6861-LS	LM6851-RS	Child	7" x 2"
LM6841-LM	LM6831-RM	Youth	8 ½" x 2 ½"
LM6821-LL	LM6811-RL	Adult	9 ½" x 3"

### **MKO Forearm Lacer 10.5"**

Recommended for carpal tunnel, wrist injuries, post cast removal + dual removable palmar and dorsal stays + perforated breathable flannel lining + dual adjustable hook and loop straps for easy application + latex free

Item Number	Size	Wrist circumference
BC8661* PC8661**  *BC for box pkg **PC for retail clamshell	X-Small	up to 5 ½"
	Small	5 ½" - 6 ½"
	Medium	6 1/2" - 7 1/2"
	Large	7 ½" - 8 ½"
	X-Large	8 ½" - 9 ½"





### MKO Elite 6"/8" Wrist Brace

memory foam laminate for ultimate patient comfort + anatomically contoured for maximum comfort + malleable aluminum stays for customized fit + integrated cotton knit panel for easy application + fabric-integrated D-rings eliminate twisting + latex free

Item Number	Size	Wrist circumference
	X-Small	5" – 5 ¾"
3001 = 6" Wrist Brace	Small	5 3/4" - 6 1/4"
	Medium	6 1/4" - 6 3/4"
3004 = 8" Wrist Brace	Large	6 3/11 - 7 3/11
	X-Large	7 3/4" +

Indicate Left or Right hand



### MKO Elite 6"/8" Laced Wrist Brace

memory foam laminate for ultimate patient comfort + malleable aluminium stays for customized fit + quick lace system + adjustable thumb strap + integrated cotton knit panel for ease of application + latex free

Item Number	Size	Wrist circumference
	X-Small	5'' - 5 ¾''
3002 = 6" Wrist Brace	Small	5 3/4" - 6 1/4"
	Medium	6 1/4" - 6 3/4"
3003 = 8" Wrist Brace	Large	6 3/4" - 7 3/4"
	X-Large	7 3/4" +





### **Frazer Wrist**

promotes wrist stabilization + allows full finger and hand function + tri-tension cotton elastic material + removable aluminum palmar stay + hook and loop closure + 7" in length + latex free

Item Number	Size	Wrist circumference
PC4712	X-Small	Up to 5 ½''
	Small	5 ½" – 6 ½"
	Medium	6 ½" – 7 ½"
	Large	7 ½" – 8 ½"
	X-Large	8'' - 8 3/4''
	2X-Large	8 3/4" - 9 1/2"

Indicate Left or Right hand

### **Universal Wrist Wrap**



unique wrap-around design providing compression and support + ideal for mild to moderate wrist sprains and strains + hook and loop closure + latex free

Item Number	Size
LMS59	Universal

Fits both Left or Right hand

### **MKO Wristlet Sleeve**



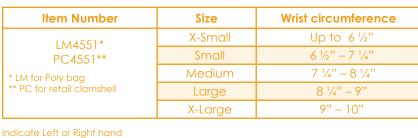
easy slip on design + provides compressive support for wrist sprains, strains, tendonitis, arthritis + seamless construction + breathable four way stretch elastic + latex free

Item Number	Size	Wrist circumference
1000	Small	6 ½" – 7 ¼"
	Medium	7 1/4" - 8 1/4"
	Large	8 1/4" – 9"
	X-Large	9" – 10"

### **Premier Wrist with Thumb**

immobilizes and supports the wrist and thumb + adjustable aluminum palmar and thumb stay + made from durable padded material + hook and loop closure + contoured palmar crease allows full finger function + 8" in length + latex free

Item Number	Size	Wrist circumference
LM4551*	X-Small	Up to 6 ½"
PC4551**	Small	6 ½" – 7 ¼"
* LM for Poly bag ** PC for retail clamshell	Medium	7 1/4" - 8 1/4"
	Large	8 1/4" – 9"
	X-Large	9" – 10"





### **Premier Plus Wrist with Thumb**

immobilizes and supports the wrist and thumb + adjustable aluminum palmar and thumb stay + lightweight, breathable open-mesh material + hook and loop closure + contoured palmar crease allows full finger function + 8" in length + latex free

Item Number	Size	Wrist circumference
PC4661	X-Small	5 <sup>3</sup> / <sub>4</sub> " – 6 <sup>1</sup> / <sub>2</sub> "
	Small	6 ½" – 7 ¼"
	Medium	7 1/4" - 8 1/4"
	Large	8 1/4" - 9"
	X-Large	9" – 10"

Indicate Left or Right hand



### MKO Forearm Lacer with Thumb10.5"

recommended to immobilize the wrist and thumb, post cast removal + removable palmar dorsal and thumb stays + perforated breathable flannel lining + dual adjustable hook and loop straps for easy application + latex free

Item Number	Size	Wrist circumference
BC8681*	X-Small	up to 5 ½"
	Small	5 ½" - 6 ½"
PC8681**	Medium	6 ½" - 7 ½"
*BC for box pkg **PC for retail clamshell	Large	7 ½" - 8 ½"
	X-Large	8 ½" - 9 ½"





### **MKO Universal Thumb Wrap**

recommended for CMC arthritis, minor thumb sprains and strains + provides warmth, compression and support to reduce pain + designed to allow for maximum hand function + latex free

Item Number	Size
LM7500	Universal

Fits both Left or Right hand

### **CMC Brace**



stabilizes the basal thumb joint (CMC-1) and allows for functional thumb use + reduces pain and loss of strength + low-profile design means almost no restriction during activity + rounded edges and specialized materials provide maximum comfort + water resistant, washable and durable material

Item Number	Size Hand circumference*	
	Small	6" – 7 ½"
LM3007	Medium	7 ½" – 9"
Large 9" - 10 1/4"		
* Measure at the height of the metacarpophalangeal joints (knuckles)		

Indicate Left or Right hand

### MKO Elite Universal Thum

### **MKO Elite Universal Thumb**

proprietary memory foam laminate + fabric integrated D-rings eliminate twisting + easily shaped first MCP stay + anatomically contoured fit for stabilization + easy to locate contrasting color D-rings + latex free

Item Number	Size
3009	Universal

Fits both Left or Right hand

### **Bandit**

aids in relief of pain from tennis and golfer's elbow + does not inhibit circulation + heavy-duty, plastic design + universal size + hook and loop closure + also available with magnet + latex free

Item Number	Size
55-ELB  Also available with magnet (black in colour), 55-ELBXM	Universal



### Serola Gel Arc

aids in relief of pain from tennis elbow and golfers elbow + dual-sided gel arc absorbs vibration and provides concentrated or diffuse pressure for maximum relief + non-slip urethane strap + unique strap shorting system allows for greater sizing range + latex free

Item Number	Size
70-ELB	Universal



### **TGA Elbow**

designed for tennis, golfer's, industrial and computer elbow + includes gel pouch insert for cold therapy and air pouch insert for pneumatic compression + circumferential band is easy to apply + universal fit for left and right arm + latex free

Item Number	Size	Forearm circumference*
7425	Universal	8" – 14"
7426 Universal X-Long 11" – 17"		11" – 17"
* Magaziro the largest circumforence of the foregram		





### **Epi Clasp**

aids in relief of pain from tennis elbow and golfer's elbow + ultra low profile design + provides dual action medial/lateral compression + universal left and right + latex free

Item Number	Size	Forearm circumference*
1960	X-Small	8" – 9"
	Small	9" – 10"
	Medium	10" – 11"
	Large	11" – 12"
	X-Large	12" – 13 ½"
* For forearm circumference, measure 1 ½" to 2" below elbow		

### **Bodyflex II Elbow**



aids in relief of pain from tennis elbow and golfer's elbow + thin breathable lycra material + ultra low profile design + gel buttress + elastic panel strap provides even compression + hook and loop closure + latex free

Item Number	Size	Forearm circumference*	
2030	X-Small	7 ½" – 8 ½"	
	Small	8 ½" – 9 ½"	
	Medium	9 ½" – 10 ½"	
2030	Large	10 ½""- 12"	
	X-Large	12"- 14"	
	2X-Large	14"- 16"	

### **MKO Elite Epitek Compression Elbow**



designed for ultimate compression + moisture wicking 3D knit material + hypo allergenic and latex free + detachable support strap + massaging bilateral silicone insert

Item Number	Size	Forearm circumference*
	Small	7 3/4" - 8 1/2"
	Medium	8 ½" – 9 ½"
1970	Large	9 ½" – 10 ¼"
	X-Large	10 1/4"- 11"
	2X-Large	11"- 12 ¼"

### **MKO Elbow Support**

provides compressive support for elbow strains, tendonitis, arthritis and post-op + seamless construction + anatomical shape + breathable elastic + four-way stretch + latex free

Item Number	Size	Forearm circumference*
2000	Small	8" – 9 ½"
	Medium	9 ½" – 10 ¾"
	Large	11" – 11 ¾"
	X-Large	12'' – 12 ¾''
* Measure 2" below the elbow joint		



### **Heel & Elbow Protector**

universal size open-mesh tubular sleeve + seamless in critical areas + cool, padded inner cushion + contours to elbow and heel + limits shearing and constriction + sold as a pair + latex free

Item Number	Size
0424	Universal



### **Crandall™ Elbow Splint**

designed to immobilize the elbow joint + constructed of soft medical grade foam material + hook and loop closure + adult and child sizes available + latex free

Item Number	Size	Circumference	Length
4231	X-Small - Infant	7"	4"
4232	Small - Child	9"	6"
4233	Medium - Youth/Adult	11 ½"	7"
4234	Large - Large Adult	15 ½"	10"



### back

### **Rib Belt**

constructed of 6" wide breathable elastic material + male straight or female contoured + hook and loop closure + latex free

Item Number	Rib Meas	Rib Measurement		
lielli Nollibei	Female Male			
1388	N/A	24" - 60"		
1389	24" - 60"	N/A		



### **Abdominal Binder**

paneled elastic construction + plush back with hook and loop closure + conforms to body shape + latex free

Item Number	Hip Size	
	3-panel 9"	
0345	Up to 45"	
0362	46'' - 62''	
0372	55" – 72"	
4-panel 12"		
0445	Up to 45"	
4620	46'' - 62''	
4720	55" – 72"	
PC for retail clamshell	5-panel 15" available also	



### **Lumbosacral Support**

all elastic with double pull-side panels + pocket accommodates moldable insert or cryo-pack + may be worn with or without insert + 9" in back tapering to 6" in front + hook and loop closure + comes with two-hour ice/hot pack + latex free

Item Number	Size	Waist Measurement
	X-Small	24" – 26"
	Small	26'' - 30''
	Medium	30'' – 34''
PC7630	Large	34" – 38"
	X-Large	38" – 42"
	2X-Large	42'' – 46''
	3X-Large	46'' – 54''





### **MKO Pulley Back Brace**

low-profile, lightweight and breathable mesh design + simple, single-side pull-tab pulley system + provides superior patient-adjustable compression + removable and washable Tricot back pads

Item Number	Size	Waist Measurement
	Small	25'' – 30''
	Medium	30'' – 35''
LMS911	Large	35" – 40"
LIVISTTI	X-Large	40'' – 45''
	2X-Large	45'' – 50''
	3X-Large	50'' – 55''

### Serola Sacroiliac Belt



designed for postural support, pre- and post-pregnancy, sprained SI ligament, hyper-mobility, spasm and pain in the muscles + extra-strong double-pull elastic + thin, cotton webbing with a non-slip mesh + hook-and-loop closure + latex free

Item Number	Size	Hip Measurement
70-SIBSOC	Small	Up to 34"
70-SIBMOC	Medium	34" – 40"
70-SIBLOC	Large	40'' – 46''
70-SIBXLOC	X-Large	46'' – 52''
70-BELEXT	Extension Strap	8" length

### **Maternity Mate Support**



back and abdominal support + constructed of durable elastic and nylon + adjustable hook and loop closure + nylon lining + 8" back tapers to 4" in the front + latex free

Item Number	Size	Dress Size
0570	Small	3 – 10
	Medium	11 – 14
2572	Large	16 – 18
	X-Large	20 +

### **Hernia Aid**

designed for single or double sided Inguinal Hernia + dual adjustable leg straps + adjustable trusses for custom fit + sturdy 2" wide elastic waist band + low profile anatomical shape + look and loop closure

Item Number	Size	Hip Measurement
	Small	30" – 35"
5000	Medium	35" – 41"
5000	Large	41" – 46"
	X-Large	46'' – 52''



## foot + ankle

### **LDK2 Air Walker**

Coolmax<sup>TM</sup> washable, moisture wicking breathable liner + fully circumferential medial and lateral dual air cell system goes all the way up the leg + anti-migration strap prevents pistioning and translation of foot + removable toe cover provides protection and warmth + lightweight ergonomic shell maximizes comfort and patient compliance + ultra low-profile EVA rocker provides natural ambulation and offload

Item Number		Size	Shoe	e size
Tall	Short	31ZE	Female	Male
LM0982-S	LM0992-S	Small	5 – 8	4 – 7
LM0983-M	LM0993-M	Medium	8 – 11	7 – 10
LM0984-L	LM0994-L	Large	11 – 15	10 – 13
LM0985-XL	LM0995-XL	X-Large	15+	13+



### **MKO Sprint Air Walker**

unique shell design + wider footbed helps for swelling and bulky dressing + dual integrated pumps provide ideal compression and custom fit + rocker bottom promotes natural, stable gait + treaded, non-skid sole with shock absorption

Item Number		Size	Shoe size	
Tall	Short	3120	Female	Male
LM0331-XS	LM0321-XS	X-Small	Up to 5	Up to 4
LM0331-S	LM0321-S	Small	5 – 8	4 – 7
LM0331-M	LM0321-M	Medium	8 – 10	7 – 9
LM0331-L	LM0321-L	Large	10 – 13	9 – 12
LM0331-XL	LM0321-XL	X-Large	13+	12+



### **Fixed Walker**

deluxe foam liner + designed for stable fractures, ankle sprains and bunion surgery + low-profile rocker sole + wider foot bed for more comfort + lightweight design + contoured uprights for a more anatomical fit

Item N	Item Number	Size	Shoe	size
Tall	Short	3126	Female	Male
0282-XS	0692-XS	X-Small	Up to 4 ½	Up to 3 ½
0282-S	0692-S	Small	5 – 8 ½	4 – 7
0282-M	0692-M	Medium	9 – 11	7 ½ – 10
0282-L	0692-L	Large	11 ½ – 13	10 ½ – 12
0282-XL	_	X-Large	13 ½ +	12 ½ +





### **VACOcast Pro**

range of motion in 5-degree increments allows for controlled activation of calf muscles to reduce atrophy, minimizes ankle joint stiffness and accelerates physical therapy + includes Achilles wedge sole + detachable sole for in-home/sleeping cleanliness + vacuum technology makes liner rigid to mimic a cast + adjustable calf widths to accommodate patients + three levels to increase foot-bed length

Item Number	Size	Shoe size	
nem womber	3126	Female	Male
VACPRO-S000	Small	7 – 9	5 – 7 ½
VACPRO-M000	Medium	8 ½ — 12	7 – 10
VACPRO-L000	Large	12 – 16 ½	10 – 15

### **ROM Walker**



recommended for Achilles tendon repairs + low-profile design with non-skid rocker sole + deluxe foam liner + three hook and loop closures with D-rings + two adjustable ankle hinges provide 5-degree range of motion increments

Item Number	Size	Shoe size	
nem Nomber	3126	Female	Male
	Small	6 – 8	4 ½ – 7
1670	Medium	8 ½ – 11 ½	7 ½ – 10 ½
	Large	12 – 13 ½	11 – 12 ½

## Achilles Wedges

### **Achilles Wedges**

specifically designed for post-op Achilles tendon surgery + made left or right to conform to arch + five pieces total + high density foam with textured non-slip surface + universal size + latex free

Item Number	Side	Size
4030-R	Right	Universal
4030-L	Left	(5 pieces total)

### **Post-operative Shoe**

used for post surgical hammer toe, bunionectomy and osteotomies with or without pins + rubber outer sole helps absorb shock + unique walking sole helps maintain normal gait + padded, recessed heel and tricot lining allow for a better fit and patient comfort + latex free

Item Number	Size	Shoe size	
Helli Nollibei	3126	Female Male	
3260	Pediatric	N/A	
	Small	4 – 6	6-8
3262 = Female	Medium	6 ½ - 8	8 ½ – 10
3272 = Male	Large	8 ½ – 10	11 ½ – 12
	X-Large	N/A	12 ½ – 14



Fits both Left or Right foot

### **Cast Boot**

heavy duty canvas + carpeted inner sole prevents cast slippage + D-ring closure + slip resistant rocker sole + open toe + latex free

Item Number	Size	Length
8801	X-Small	7 1/4"
8802	Small	9 %"
8803	Medium	11"
8804	Large	12 %"
8805	X-Large	13 ½"

Fits both Left or Right foot



### **MedSurg Shoe**

square toe acts as a bumper to provide additional protection when K-wires are present + strapless closure eliminates buckle pressure and accommodates dressing + rocker sole reduces plantar pressure on forefoot and heel by over 25%

Item N	umber	Size	Shoe size	
Female	Male		Female	Male
MQW1B	MQM1B	Small	4 – 6	6 – 8
MQW2B	MQM2B	Medium	6 ½ - 8	8 ½ - 10
MQW3B	MQM3B	Large	8 ½ – 10	10 ½ – 12
	MQM4B	X-Large		12 ½ – 14





### **All Purpose Boot**

rocker sole reduces plantar pressure under forefoot and heel by over 25% + ankle strap seats foot firmly in shoe to reduce heel slippage and eliminates friction + removable forefoot closure provides security while eliminating buckle pressure

Item Number	n Number Size Sh		e size	
Helli Nollibei	3126	Female	Male	
APQ0B	X-Small	4 – 7	_	
APQ1B	Small	7 ½ - 10	6 – 8	
APQ2B	Medium	10 ½ - 13	8 ½ - 10	
APQ3B	Large	13+	10 ½ - 12	
APQ4B	X-Large	_	12 ½ - 14	

### Orthowedge



15-degree swedge sole effectively shifts body weight to the mid-foot and heel + reduces forefoot pressure by as much as 57% + ankle strap seats foot firmly in shoe to reduce heel slippage and eliminates friction + removable forefoot closure provides security while eliminating buckle pressure

Item Number	er Size Sho		e size	
nem Nomber	3126	Female	Male	
OQ0B	X-Small	4 – 7		
OQ1B	Small	7 ½ - 10	6-8	
OQ2B	Medium	10 ½ - 13	8 ½ - 10	
OQ3B	Large	13+	10 ½ - 12	
OQ4B	X-Large		12 ½ - 14	

### Heelwedge



reduces heel pressure by over 26% + ankle strap seats foot firmly in shoe to reduce heel slippage and eliminates friction + removable forefoot closure provides security while eliminating buckle pressure + aggressive tread under mid-foot where traction is needed

Item Number	Size	Shoe size		
	3126	Female	Male	
HQ1B	X-Small	4 – 7		
	Small	7 ½ - 10	6 – 8	
	Medium	10 ½ - 13	8 ½ - 10	
	Large	13+	10 ½ - 12	
	X-Large		12 ½ - 14	

### **PegAssist Insole**

removable pegs allow for localized off-loading of wounds and ulcerations of the foot + pressure reduced by as much as 60% while allowing patient to remain ambulatory + poron cover eliminates the incidence of ring edema and edge abrasion

Item Number	Size	
	X-Small	
PQ1	Small	
	Medium	
	Large	
	X-Large	



### **Toe Alignment Splint**

low profile metatarsal band fits easily into most footwear and reduces slippage + soft toe straps will not irritate skin + special T-strap gently guides toe(s) into proper alignment for post-procedural healing + one sizes fits all + latex free

Item Number	Size
TAS	Universal



### **MKO Heel That Pain**

patented and clinically proven Fasciitis BarTM technology + picks up and physically re-stretches the plantar fascia ligament + provides natural structural reinforcement to prevent partial collapse of the midfoot + helps relieve plantar fasciitis, heel spurs and provides arch support

Item Number	Size	Shoe size		
	3126	Children	Women	Men
	Small	13	Up to 6	_
HTP (kraton)	Medium	_	7 – 10	5 – 8
HTPG (gel)	Large	_	11 and up	9 – 12
	X-Large	_	_	13 and up





### **Silicone Heel Cups**

designed to relieve pressure on muscles, tendons and joints + 100% medical grade silicone + medial or lateral striking area + helps prevent early fatigue and relieve pain + latex free

Item N	Item Number		Shoe	e size
Lateral	Central	Size	Female	Male
0962	0972	Small	5 – 6 ½	4 – 7 ½
0963	0973	Medium	7 – 9 ½	8 – 11 ½
0964	0974	Large	10+	12+

### **MKO PF Sleeve**



ultra-low profile + provides focused arch and heel compression + combats symptoms of plantar fasciitis and heel pain + for use during day or night + improves circulation and reduces swelling + breathable machine washable fabric

Item Number	Size	Ankle Circumference
PC4750	Small	7 3/4" - 8 3/4"
	Medium	8 1/2" - 9 3/4"
	Large	9 3/4" – 11"
	X-Large	11" – 12 ¼"

### **MKO PF Sock**



provides static stretch of plantar fascia and calf muscle while sleeping + provides adjustable pressure as needed + low profile + fits left or right

Item Number	Size	Calf Circumference
4650	Small/Medium	under 16"
	Large/X-Large	16" – 21"

### P.F.S. - Plantar Fasciitis Splint

designed to provide relief from pain and discomfort of plantar fasciitis and Achilles tendonitis + soft, padded cover + adjustable velcro straps provide additional dorsiflexion + fits either left or right foot + latex free

Item Number	Size	Shoe size	
ileili Nollibei	3126	Female	Male
4772	Small	Up to 7 ½	Up to 7
4//2	Medium	8 – 10	7 ½ – 10
	Large	11+	10 ½ +



### **Dorsal Night Splint**

constructed of soft foam-padded material for optimal comfort + adjustable dorsal and shin straps with heel lock system offer effective stability and comfort + fits right and left foot

Item Number	Size	Shoe size	
		Female	Male
4010	Small/Medium	6 – 10	5 – 9
4812	Large/X-Large	10 ½ +	9 ½ – 14



### **MKO Drop Foot Brace**

for individuals with drop foot and conditions that require dorsal flexion support + helps improve gait and reduces the incidence of falls + adjustable tension and can be worn with any laced shoes + one size fits most

Item Number	Size
LM6355	Universal





### **MKO Ankle Support**

compression for ankle strains and sprains, swelling; and edema, tendonitis, arthritis and post-operative + four-way seamless stretch + breathable elastic + anatomical shape + latex free

Item Number	Size	Ankle Circumference*
2000	Small	7 3/4" - 8 1/2"
	Medium	8 ½" – 9 ½"
3000	Large	9 ½" – 10 ½"
	X-Large	10 ½" – 11"

### **MKO Figure-8 Pull on Sleeve**



slim slip on design + durable Breath-O-Prene material + suitable for light sports and activity + figure eight strap for extra compression and support + latex free

Item Number	Size	Ankle Circumference
3050	Small	6" – 8"
	Medium	8" – 10"
3030	Large	10'' – 12''
	X-Large	12'' – 14''

### **MKO Elite Malleotek Compression Ankle**



designed for ultimate compression + soft, highly breathable, moisture wicking 3D knit material + hypo allergenic and latex free + detachable figure-eight support strap + massaging bilateral silicone insert

Item Number	Size	Ankle Circumference
3060	Small	7 3/4" - 8 1/2"
	Medium	8 ½" – 9 ½"
	Large	9 ½" – 10 ¼"
	X-Large	10 1/4" - 11"
	2X-Large	11"- 12 ¼"

#### **Air Stabilizer**

designed to support and protect unstable or injured ankles + air-cells can be inflated to desired compression level + re-engineered shell is lightweight + universal fit + adjustable heel piece, vertical side straps and swivel straps for easy application and proper fit + added elastic wrap for optimal compression and prevention of forefoot edema + latex free

Item Number	Quantity	Size	Height	
BC0742	6-pack	الم مرا	01/ !!	
PC0742	1 unit	Small	8½"	
BC0743	6-pack	Trainar	9"	
PC0743	1 unit	Trainer	7	
BC0744	6-pack	Dogular	101/"	
PC0744	1 unit	Regular	10½"	



Fits both Left or Right ankle

#### **MKO Quick Ankle Brace**

durable, non-stretch ballistic nylon with stays and elastic cuff closure

- + figure-8 strapping with heel lock replicates professional taping
- + ultra low-profile with seamless footbed + quick tab application
- + latex free

Item Number	Size	Ankle Circumference
	2X-Small	9" – 10"
	X-Small	10" – 11"
PC3381	Small	11" – 12"
	Medium	12" – 13"
	Large	13" – 14"
	X-Large	14" – 15"



#### **MKO Ankle Brace**

durable, non-stretch ballistic nylon with stays and elastic cuff closure + figure-8 strapping with heel lock replicates professional taping + ultra low-profile with seamless footbed + on the fly adjustability + latex free

Item Number	Size	Ankle Circumference
	2X-Small	9" – 10"
	X-Small	10" – 11"
2281	Small	11" – 12"
2201	Medium	12" – 13"
	Large	13" – 14"
	X-Large	14" – 15"







provides great ankle support and fits comfortably in most athletic shoes + exclusive lacing system keeps brace tight + full elastic back ensures complete unrestricted blood flow to the Achilles tendon + internal U-shaped spiral stays + arch fits the contour of the foot and is seamless

Item Number	Size	Shoe size		
Helli Nollibei	Size	Female	Male	
	X-Small	4 – 6 ½	3 – 5 ½	
21212	Small	7 – 9 ½	6 – 7 ½	
	Medium	10 – 11 ½	8 – 10 ½	
	Large	12 – 13 ½	11 – 12 ½	
	X-Large	14 – 15 ½	13 – 14 ½	
	2X-Large	15+	16+	

# **MKO Calf Support**



indicated for shin splints and calf strains + seamless, lightweight, breathable material + four-way stretch + easy slip on + latex free

Item Number	Size	Calf Circumference*	
	Small	16" – 17"	
230	Medium	17'' – 18''	
	Large	18'' – 19 1/4''	
	X-Large	19 1/4" – 20 1/2"	
* Macroure 41/2 haloudros			

# leg + knee

#### **Genu Trac Knee Strap**

indicated for runners, jumpers knee, Osgood-Schlatters disease and patella tendonitis + strap does not impede circulation or restrict mobility + easy to apply and adjust + non-slip grip backing + universal, one size + latex free

Item Number	Size
PC0140	Universal



#### **Kneedit**

designed for knee pain associated with arthritis, tendonitis and chondromalacia + gentle pressure along medial and lateral soft tissues of the knee + hook and loop closure + latex free

Item Number	Size
55-KNE00	Universal
Also available with magnet (black in colour), 55-KNEMAG	



# **Tri-panel Knee Immobilizer**

moveable side panels for girth adjustment + two medial and lateral stays + three contoured posterior stays + foam laminate material with tricot lining + elastic patella strap to prevent window edema + hook and loop closure + latex free

Item Number	Length	Item Number	Length
2741	12"	2746	20''XW
2751	14"	2745	22"
2742	16"	2749	22"XW
2739	16" XW	2747	24"
2743	18"	2750	24''XW
2740	18''XW	2748	26"
2744	20"		





# **MKO Knee Support**

seamless lightweight construction + four-way stretch, ventilated elastic + unique knitted off-load pattern over patella + available in open or closed patella + latex free

Item Number	Size	4 ½" Below Knee	5 ½" Above Knee
	X-Small	9 3/4"	14 ½" – 16"
	Small	11" – 12"	16" – 17"
	Medium	11 ½" –13 ¼"	17" – 18"
200 or 200-PO	Large	13 ¼" –14 ¼"	18" – 19 ¼"
	X-Large	14 ¼" –15 ½"	19 ¼" – 20 ½"
	2X-Large	15 ½" –16 ½"	20 ½" – 22"
	3X-Large	16 ½" –18"	22" – 23"

# **MKO Knee Support with Spiral Stays**



seamless lightweight construction + four-way stretch, ventilated elastic + unique knitted off-load pattern over patella + available in open or closed patella + spiral, stainless steel side stays + latex free

Item Number	Size	4 ½" Below Knee	5 ½" Above Knee
	X-Small	9 3/4"	14 ½" – 16"
	Small	11" – 12"	16" – 17"
	Medium	11 ½" –13 ¼"	17" – 18"
300 or 300-PO	Large	13 ¼" –14 ¼"	18" – 19 ¼"
	X-Large	14 ¼" –15 ½"	19 1/4" – 20 1/2"
	2X-Large	15 ½" –16 ½"	20 ½" – 22"
	3X-Large	16 ½" –18"	22" – 23"

# **MKO Thigh Support**



indicated for thigh and hamstring strains + seamless, lightweight, breathable material + four-way stretch + easy slip on + latex free

Item Number	Size	Thigh Circumference*	
	Small	16" – 17"	
000	Medium	17" – 18"	
220	Large	18" – 19 ¼"	
	X-Large	19 ¼" 20 ½"	
* Measure 5 1/2" above knee			

# **MKO Hinged Knee Brace**

indicated for ACL/PCL/MCL/LCL sprains and tears, patella pain, medial and lateral instability + covered aluminum hyper-extension hinges + multi-position, removable felt buttress + popliteal seam-seal tape to prevent irritation+ fits left or right + latex free

Item Number	Size	Knee Circumference*
	X-Small	12" – 13"
	Small	13" – 14"
	Medium	14" – 15"
1590	Large	15" – 16"
	X-Large	16" – 18"
	2X-Large	18" – 20"
	3X-Large	20'' – 22''
	4X-Large	22" – 24"



# **MKO Hinged Knee Wrap**

indicated for arthritis, post-operative management, medial and lateral instability + upper and lower circumferential straps + covered aluminum hyper-extension hinges + opens fully flat for simple application + fits left or right + latex free

Size	Knee Circumference*
X-Small	12" – 13"
Small	13" – 14"
Medium	14" – 15"
Large	15" – 16"
X-Large	16" – 18"
2X-Large	18" – 20"
3X-Large	20" – 22"
4X-Large	22" – 24"
	X-Small Small Medium Large X-Large 2X-Large 3X-Large



#### **MKO Patella Stabilizer**

indicated for patella tracking and patella subluxation + patella opening for comfort + 1/4" tubular, enclosed U-pad buttress + upper and lower circumferential straps + medial and lateral spiral stays + popliteal seam-seal tape to prevent irritation + fits left or right + latex free

Item Number	Size	Knee Circumference*
	X-Small	12" – 13"
	Small	13" – 14"
	Medium	14" – 15"
1000	Large	15" – 16"
1390	X-Large	16" – 18"
	2X-Large	18" – 20"
	3X-Large	20" – 22"
	4X-Large	22" – 24"
* Measure around centre of knee		22 - 24





#### **MKO Patella J Brace**

indicated for correction of patellar mal-alignment, as well as other patella/ femoral disorders + patella pull-panel with adjustable straps + medial and lateral spiral stays + popliteal seam-seal tape to prevent irritation + latex free

Item Number	Size	Knee Circumference*	
	X-Small	12" – 13"	
	Small	13" – 14"	
	Medium	14" – 15"	
7000	Large	15" – 16"	
Indicate Left or Right knee	X-Large	16" – 18"	
a.ea.e 20 egee	2X-Large	18" – 20"	
	3X-Large	20" – 22"	
	4X-Large	22" – 24"	
* Measure around centre of knee			

# **Bodyflex II Knee Brace**



indicated for chondromalacia, patella tracking and patella subluxation + moveable straps for easy fitting + seamless popliteal + four spiral stays for medial and lateral stability + non-slip suspension band keeps brace in place + constructed with low-profile, breathable lycra material + universal left or right + latex free

Item Number	Size	Knee Circumference*
	X-Small	13" – 14"
	Small	14" – 15"
	Medium	15" – 16"
7290	Large	16" – 17"
	X-Large	17" – 19"
	2X-Large	19" – 21"
	3X-Large	21" – 23"
* Measure around centre of knee		

# **Bodyflex II Hinged Knee Brace**



adjustable thigh cuff for easy fitting + removable gel horseshoe buttress + seamless non-binding quadriceps and back panel + dual-axis, aluminum hinge for medial lateral stability + silicone non-slip suspension band keeps brace in place + constructed with low-profile, breathable lycra material + latex free

Item Number	Size	Knee Circumference*
	X-Small	13" – 14"
	Small	14" – 15"
	Medium	15" – 16"
1560	Large	16" – 17"
	X-Large	17" – 19"
	2X-Large	19" – 21"
	3X-Large	21" – 23"
* Measure around centre of knee		

#### **MKO Elite Patella Stabilizer**

anatomically contoured to reduce migration + patella opening for comfort + soft popliteal knit prevents bunching + innovative patellashaped silicone buttress + medial and lateral spring stays + perforated, breathable, skin-friendly polyester-covered neoprene + latex free

Item Number	Size	Knee Circumference*
	X-Small	12" – 13"
4353	Small	13" - 14"
	Medium	14" – 15"
	Large	15" – 17"
	X-Large	17" – 19"
* Measure around centre of knee	:	



### **MKO Elite Hinged Knee Brace**

anatomically contoured to reduce migration + soft popliteal knit prevents bunching + perforated, breathable, skin-friendly polyestercovered neoprene with polycentric hinges + wrap-around straps secure uprights/joints in desired location + latex free

Item Number	Size	Knee Circumference*
	X-Small	12" – 13"
4354	Small	13" - 14"
	Medium	14" – 15"
	Large	15" – 17"
	X-Large	17" – 19"
* Measure around centre of knee	9	



# **MKO Elite Genutek Compression Knee**

designed for ultimate compression + soft highly breathable moisture wicking 3D knit material + medial/lateral stainless steel spiral stays + massaging silicone buttress + hypo allergenic and latex free

Item Number	Size	5" Below Knee	5 ½" Above Knee
	Small	12 ½" – 13 ¾"	15 ¾" – 17"
	Medium	13 ¾" – 15"	17" – 18"
1055	Large	15" – 16"	18" – 19 1/4"
4355	X-Large	16" – 17 1/4"	19 1/4" – 20 1/2"
	2X-Large	17 ¼" – 18 ½"	20 ½" – 21 ¾"
	3X-Large	18 ½" – 19 ¾"	21 ¾" – 23"



# pediatric

#### **Tot Arm Sling**

popular juvenile prints + diagonal straps limits pressure on neck + slide buckle on strap for easy adjustment + thumb loop + lightweight material + latex free

Item Number	Size	
0180	2X-Small to Small	



\* Private labeling available

#### **MKO Pediatric Wrist**

pediatric wrist brace for kids + immobilizes and supports the wrist + soft, breathable foam + allows for full finger dexterity + adjustable hook and loop straps + latex free

Item Number	Size	Wrist circumference	Age
4250-P	Ped.	Up to 5 ½''	2 – 7 years
4250-Y	Youth	5 ½" - 6 ½"	8 – 12 years

Specify Pink or Blue Color Indicate Left or Right hand



#### **MKO Pediatric Wrist with Thumb**

pediatric wrist brace plus thumb for kids + immobilizes and supports the wrist and thumb + soft, breathable foam + contoured palmar crease allows for full finger function + hook and loop straps + latex free

Item Number	Size	Wrist circumference	Age
4255-P	Ped.	Up to 5 ½''	2 – 7 years
4255-Y	Youth	5 ½" - 6 ½"	8 – 12 years

Specify Pink or Blue Color Indicate Left or Right hand





#### **Pediatric Elbow Sleeve**

designed for tendinitis, tennis elbow, juvenile arthritis, and muscle strains + sports neoprene provides therapeutic warmth and compression around entire joint + soft, nylon loop lining + adjustable strap for increased support + latex free

Item Number	Size	Age	Forearm circumference
6013	Ped/Large	5 – 7 years	6 ½" – 7 ½"



#### **Pediatric LDK Walker**

designed for the treatment of stable fractures and ankle sprains + provides a durable, more comfortable alternative to casting + lightweight plastic uprights + front and rear rigid protection panels + deluxe Coolmax<sup>TM</sup> liner

Item Number	Size	Age	Footbed Length
0232-SM	Small	1 – 2 years	5 ½''
0233-MD	Medium	2 ½ – 6 years	6 1/4"
0234-LG	Large	6 ½ - 9 ½	7 ½"
0235-XL	X-Large	10 – 12 years	8 1/4"



# **Pediatric Neoprene Ankle Support**

compression and warmth for mild sprains, ankle strains, tendonitis, juvenile arthritis and weak ankles + easy slip-on, open heel + allows for full range of motion + can be worn over or under a sock + latex free

Item Number	Size	Age (years)	Ankle Circumference*
7012	Ped/Large	6 – 7	6 ½" – 7 ½"
7013	Youth	8 – 12	7 ½" – 8 ½"

<sup>\*</sup> Measure just above ankle bone

# **Pediatric Knee Sleeve**

indicated for knee sprains, instability, muscle strains, swelling, bruising and juvenile arthritis + open patella, easy slip-on style limits swelling and decreases pain + provides therapeutic warmth and compression + latex free

Item Number	Size	Age	Knee Circumference
373225-S	Small	2 – 3 years	6'' - 8''
373250-M	Medium	4 – 5 years	8" - 10"
373275-L	Large	6 – 7 years	10" – 12"



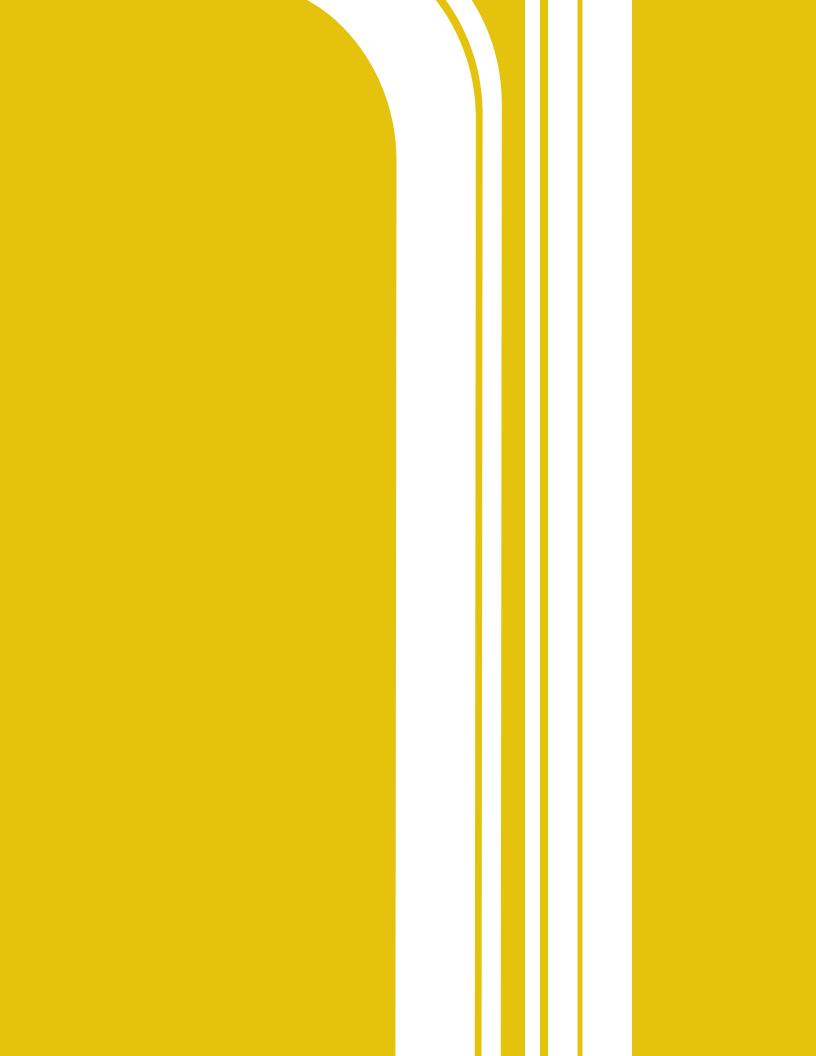
#### **Pediatric Patella Stabilizer**

indicated for patella tracking, knee sprains and patella subluxation + latex free

Item Number	Size	Age	Knee Circumference
103207	Large	6-7 years	10" – 12"



# specialty



# **MKO Physio Moist Heat Neck**

professional grade therapeutic relief of aches and pains, muscle, arthritis, sinus and menstrual pain + microwave-activated moist heat, or can be frozen for effective cold therapy + no added water necessary + washable and reusable + no plugs or elements and up to 30 minutes of continuous treatment + odor free with natural mineral beads + won't promote bacteria or mold growth

Item Number	Size	Dimensions
LMS325	Universal	20" X 9"



#### **MKO Physio Moist Heat Pad**

professional grade therapeutic relief of aches and pains, muscle, arthritis, sinus and menstrual pain + microwave-activated moist heat, or can be frozen for effective cold therapy + no added water necessary + washable and reusable + no plugs or elements and up to 30 minutes of continuous treatment + odor free with natural mineral beads + won't promote bacteria or mold growth

Item Number	Size	Dimensions
LMS115	Regular	10" x 10"
LMS125	XL	13" X 12"



# **MKO Physio Moist Heat Back**

professional grade therapeutic relief of aches and pains, muscle, arthritis, sinus and menstrual pain + microwave-activated moist heat, or can be frozen for effective cold therapy + no added water necessary + washable and reusable + no plugs or elements and up to 30 minutes of continuous treatment + odor free with natural mineral beads + won't promote bacteria or mold growth

Item Number	Size	Dimensions
LMS345	Universal	10" X 7"





#### **MKO Physio Hot/Cold Pack**

Four convenient sizes + can be used for hot or cold therapy + microwave safe + flexible when frozen + reusable + non toxic + latex free

Item Number	Size		Case Quantity*
LM9180-S	Small	4" x 6"	48
LM9180-M	Medium	5" x 10"	18
LM9180-L	Large	6" x 9"	12
LM9180-XL	X-Large	10" x 12"	6

<sup>\*</sup> Sold by case quanity only

# **Muscle Aid Kinesio Tape**



utilizes the latest sports medicine taping technology to provide drug-free muscle and joint pain relief + provides strong support while increasing blood circulation to facilitate healing + can be cut to any length + latex free

Item Number	Sizing / Colour
38-2164	16.4' x 2" rolls available individually and in 6 pack boxes. Available in 10 colours, including Blue, Black, Orange, Beige, Purple, Red, Yellow, Pink and White.
38-2105	105' x 2" clinic rolls. Only available in Beige and Black colors.

# **Oval - 8 Finger Splints**



three points of pressure + open air design to treat over six conditions that affect IP joints of fingers (mallet finger, lateral deviation, swan neck and boutonniere deformities, trigger finger, fractures, arthritis, and hypermobility) + allows patients to maintain full hand function

Item Number	Pack	Sizes	
P1008-X (X = Size)	Single	2/3/4/5/6/7/8/9/10/11/12/ 13/14/15	
P1008-X-5 (X = Size)	5-Pack	2/3/4/5/6/7/8/9/10/11/12/ 13/14/15	

#### **Buddy/Finger Loops**

easy-to-apply loop and wrap design holds fingers securely together + use one or two Buddy/Finger Loops as needed for control + soft, foam-lined straps will not slip or roll + washable and reusable + latex-free

	Ci-o			
5-Pack	25-Pack	50-Pack	100-Pack	Size
P1005-5	P1005-25	P1005-50	P1005-100	1/2''
P1003-5	P1003-25	P1003-50	P1003-100	3/4''
P1007-5	P1007-25	P1007-50	P1007-100	1"



# **Mallet Stax Splints**

designed to provide immobilization of the distal finger or thumb, while allowing for examination of the finger tip and nailbed + indicated for treatment of finger tip injuries, mallet finger or as protection following injury + manufactured from durable plastic + latex free

Item Number	Sizes	
20-200-X (X = Size)	1/2/3/4/5/5.5/6/7	

Sold per unit



#### **Gelmate Scar Gel Sheets**

medical grade silicone sheet for scar management + self-adherent on one side and backed by anti-microbial cloth + helps flatten and soften raised scars + may prevent formation of keloid or hypertrophic scars + measurement grid

Item Number	Size	
P9510	4" × 6"	



# **Toe Loops**



Soft, fully cushioned and lined in thin, dense foam + secures two toes together to stabilize fractures, correct hammertoes and realign overlapping or crooked toes + protects callused toes and relieves pain caused by shoes rubbing + washable and reusable + latex free + can be trimmed for a custom fit

ltem Number		Si	
5-Pack	25-Pack	Size	
P5001-5	P5001-25	Narrow	
P5002-5	P5002-25	Wide	

# **Cast Room/Surgical Instrumentation**



made in Germany + OR Quality + Stainless Steel + Limited Lifetime Warranty

Call for more information

